

SUNRISE RUN ON THE GREENWAY

September 10, 2022 • 8:00am
Catawba Meadows Park • 701 Sanford Drive
Morganton, NC



RACE ENTRY FORM

Please write legibly and fill in all blanks. Failure to fully and accurately complete this form may adversely affect the timeliness and accuracy of the race results. We're sorry, but entries deemed incomplete or illegible by the organizers of this event may be declined.

Please choose event: 10K Run 5K Run Fun Run/Walk – roughly 1 mile (9:30am Start)

Entry Fees: **5K and 10K** - \$20 before 8/12; \$25 8/12 to 9/8; \$30 race day registration 9/9 to 9/10

Fun Run - \$10 before 8/12; \$15 8/12 to 9/8; \$20 race day registration 9/9 to 9/10

Please Note registrations after August 19th are not guaranteed a t-shirt.

Any person(s) not registered by 7:30am will not be allowed to race.

LAST Name _____ FIRST Name _____

Street Address _____

City _____ State _____ ZIP _____

Birth Date _____ Age on Race Day _____
MM/DD/YYYY

Telephone (____) _____ E-Mail Address _____

Male Female

Shirt Size

YOUTH SIZES

S M L

ADULT SIZES

S M L XL XXL

Emergency Contact _____ Emergency Telephone No. (____) _____

WAIVER: I fully understand that running a road or trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to safely complete the event for which I am submitting this entry form and fee. I agree to abide by any decision of a race official relative to my ability to safely complete this run within the designated time limit. I further agree to surrender my race bib and timing chip (if timing chips are assigned to participants in this event) to any race official if directed to do so for any reason. I assume all risks associated with participating in this race, including, but not limited to: falls; contact with other participants; runners; bikers; horses and other animals; the effects of weather, including heat, cold, or precipitation; vehicular traffic; the condition of the roads and/or trails; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself, for anyone entitled to act on my behalf, and anyone for whom I am entitled to act waive, release, and hold harmless the race organizer, Historic Morganton Festival Inc., The City of Morganton, all other sponsors and property owners, Racing Toes, and all the agents, employees, officers, directors, and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this event. I also understand that baby joggers or strollers, roller skates, and pets are not allowed on the course at any time during this event.

Signature of Entrant _____ Date _____ Signature of Parent or Guardian if under 18 _____

Make checks payable to **HMF, Inc.** and mail to:
PO Box 1472
Morganton, NC 28680

Amount Enclosed: \$ _____

Sorry, no refunds.