

# SUNRISE RUN ON THE GREENWAY



Carolinan HealthCare System  
Blue Ridge

September 7, 2019 • 8:00am  
Catawba Meadows Park • 701 Sanford Drive  
Morganton, NC



## RACE ENTRY FORM

Please write legibly and fill in all blanks. Failure to fully and accurately complete this form may adversely affect the timeliness and accuracy of the race results. We're sorry, but entries deemed incomplete or illegible by the organizers of this event may be declined.

Please choose event:     10K Run     5K Run     Fun Run/Walk – roughly 1 mile (9:30am Start)

Entry Fees: **5K and 10K** - \$20 before 8/16; \$25 8/17 to 9/5; \$30 race day registration 9/6 to 9/7

**Fun Run** - \$10 before 8/16; \$15 8/17 to 9/5; \$20 race day registration 9/6 to 9/7

**Please Note registrations after August 23<sup>rd</sup> are not guaranteed a t-shirt in their size.**

**Any person(s) not registered by 7:30am will not be allowed to race.**

LAST Name \_\_\_\_\_ FIRST Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Birth Date \_\_\_\_\_ Age on Race Day \_\_\_\_\_  
MM/DD/YYYY

Telephone (\_\_\_\_) \_\_\_\_\_ E-Mail Address \_\_\_\_\_

Male     Female

Shirt Size

**YOUTH SIZES**

S     M     L

**ADULT SIZES**

S     M     L     XL     XXL

Emergency Contact \_\_\_\_\_ Emergency Telephone No. (\_\_\_\_) \_\_\_\_\_

*WAIVER: I fully understand that running a road or trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to safely complete the event for which I am submitting this entry form and fee. I agree to abide by any decision of a race official relative to my ability to safely complete this run within the designated time limit. I further agree to surrender my race bib and timing chip (if timing chips are assigned to participants in this event) to any race official if directed to do so for any reason. I assume all risks associated with participating in this race, including, but not limited to: falls; contact with other participants; runners; bikers; horses and other animals; the effects of weather, including heat, cold, or precipitation; vehicular traffic; the condition of the roads and/or trails; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself, for anyone entitled to act on my behalf, and anyone for whom I am entitled to act waive, release, and hold harmless the race organizer, Historic Morganton Festival Inc., The City of Morganton, all other sponsors and property owners, Event Mercenaries, Inc., and all the agents, employees, officers, directors, and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this event. I also understand that baby joggers or strollers, roller skates, and pets are not allowed on the course at any time during this event.*

Signature of Entrant \_\_\_\_\_ Date \_\_\_\_\_ Signature of Parent or Guardian if under 18 \_\_\_\_\_

**Make checks payable to HMF, Inc. and mail to:**  
**PO Box 1472**  
**Morganton, NC 28680**

Amount Enclosed: \$

**Sorry, no refunds.**